

Clarity Software  
Press Release  
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Clarity MD **Richard Gamlin** aims to prove that anything is possible by negotiating the 114 mile Haute Route from Chamonix to Zermatt

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## **Anything is Possible for Clarity Software MD**

By Emerson Welch of Clarity Software

Highly-motivated Managing Director of Clarity Software Richard Gamlin has set himself a new target to hit at the end of March. But this one is different.

He's taking on The Alps and its 114 mile, five day Haute Route between the two historic mountain centres of Chamonix and Zermatt, covering up to 14,000m of ascent and descent in the process.

This will be one of the toughest challenges he has ever taken on, calling upon skiing and mountaineering techniques to negotiate through multiple snow conditions, ascend cliff faces on crampons and descend into the abyss on abseil.

### **Intensive Training**

The physically demanding experience will mean an almost military level of fitness is required to get through the five days, and Gamlin has been training hard. He is expecting to shed up to an astonishing 6,000 calories per day around the 4,000m high peaks.

“Over the last few weeks I have been road cycling up to 50 miles at a time with a backpack to get my heart rate up as high as possible,” he conveyed. “My lung capacity will be severely tested up there, so I’m pushing myself beyond any limit I’ve previously managed to attain. I think I’m ready, but there’s only one way to find out.”

### **Anything is Possible**

As many ambitious professionals will testify, motivation and dedication are key components in driving success in business. If Gamlin can complete his objective

then he hopes it will inspire those around him to set new levels of expectation, both personally and within the workplace.

The Clarity Software and Touch Systems staff certainly wish him the very best of luck and, probably more appropriately, 'bon voyage'.

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*Notes for Press:*

*Developed since 2001, the Clarity Professional software system provides a high quality and easy to use MIS software system that helps SMEs in job-based industries manage and grow their businesses efficiently. Keeping all information in one place, Clarity centralises all internal, customer-facing and supply chain functions making company information available to all users with speed and accuracy.*

*Clarity gives cost effective flexibility as additional modules can be added easily and quickly, assisting smooth and cost controlled business growth. Cost, simplicity and flexibility are the reasons why Clarity has become one of the UK's leading MIS systems for SMEs. There are over 2,500 users in the UK and the rest of the world benefiting every day from implementing Clarity and there are three versions available: Professional, Lite Edition and Free Edition.*

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*Clarity Software is a trading name of Touch Systems Ltd, which has been ISO9001 certified since 1999 and was established in 1989 to provide MIS and quality assured systems to businesses from its UK headquarters in Solihull, West Midlands.*

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